ATA Podcast Sarah Owings – Re-framing impulse control to stimulus control

- 1:36 Ryan introduces Sarah.
- 3:35 Sarah talks about when she first learned about positive reinforcement training and some of the first animals she trained using positive reinforcement.
- 10:30 Sarah shares what she would tell her teenage self, given what she knows now about animal training.
- 12:27 Sarah discusses how regret can push us to do better.
- 20:48 Sarah shares what she means by "be a brave learner".
- 27:50 Sarah discusses what she's up to these days and where people can go to find her.
- 31:54 Sarah talks about what she means by reframing teaching impulse control to teaching stimulus control.
- 53:49 Sarah shares suggestions for how we can work to get out of the cultural fog.
- 59:00 Sarah talks about using context cues to let the animals we are working with know when we are shaping or when we are asking for cued behaviors.
- 1:09 Sarah shares a pinnacle story from her time training dogs.
- 1:15 Sarah tells listeners what she would like to see in the next five to ten years in the animal training community.
- 1:19 Sarah tells listeners Facebook is the best place to find her right now.
- 1:21 Ryan thanks Sarah.
- 1:22 Ryan directs people to animaltraining academy.com to find out more about ATA including membership